

COMMUNITY PARTNERS PROGRAM NEWSLETTER DECEMBER 2009

CPP Resources available on MRC website

The MRC Community Partners Program resources, communication posters and resource kits in other languages are now available on the Migrant Resource Centre website:

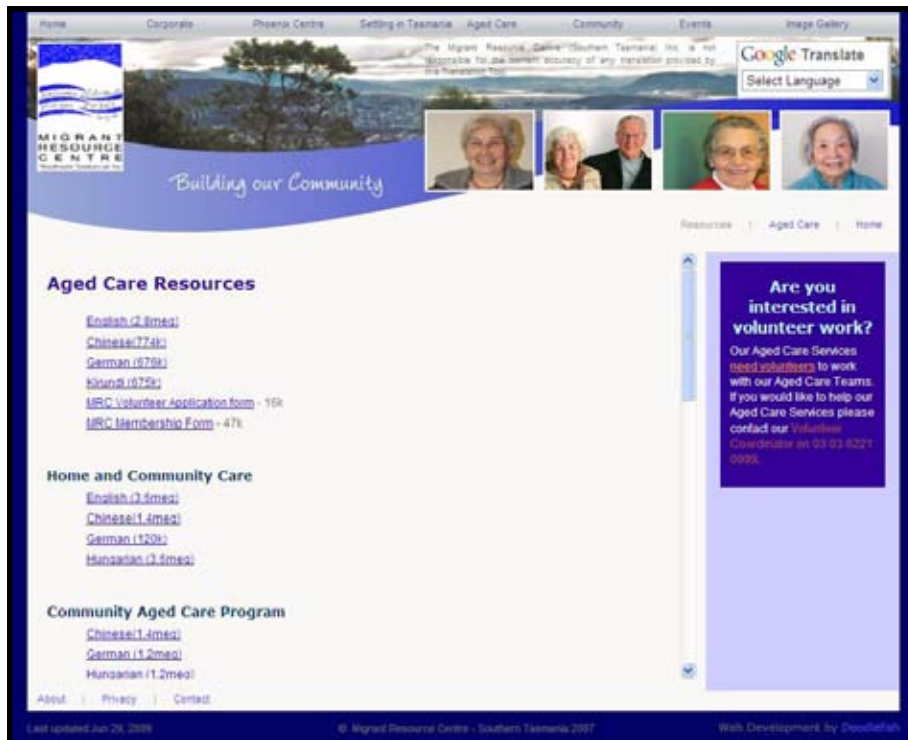
http://www.mrchobart.org.au/ac_resources.shtml

All the resources are in PDF format and in colour.

The resources are free but covered by copyright.

You may print these for your own use but copyright prevents the on-sale of these resources.

If you have any difficulties accessing the resources please contact Suzanne at MRC on 03 6221 0941 or sfeike@mrchobart.org.au.



News from the Community Partners Program

Contact CPP at:



Migrant Resource Centre
(Southern Tasmania) Inc.

49 Molle Street

Hobart TAS 7000

Tel: (03) 6221 0941

(03) 6221 0999

Fax: (03) 6231 1264

Email: sfeike@mrchobart.org.au

Web: www.mrchobart.org.au

This CPP project was funded by the Australian Government Department of Health and Ageing under the Community Partners Program.

MRC CPP Steering Committee Meeting

will be held on **Thursday 3rd December 2009 at 2.00 pm** in the Meeting room at Migrant Resource Centre, 49 Molle Street, Hobart.

‘Celebrating in a cultural way – how CALD communities celebrate’.



*Thank you for your support throughout 2009.
May your coming year be peaceful and safe.
From the
Community Partners
Program Project
Officer at the
Migrant Resource Centre
(Southern Tasmania) Inc.*

The Community Partners Program (CPP) can provide:

- Aged Care Information Resource Kits for communities in Chinese, Croatian, German, Hindi (Indian), Hungarian, Tagalog (Philippine), and Ukrainian.
- Language and culture posters for aged care facilities in Chinese, Croatian, Dutch, German, Hindi (Indian), Hungarian, Tagalog (Philippine), Ukrainian by CPP and Greek, Polish, Italian, Spanish, and Serbian by PICAC.
- Website accessible information is available in English and other languages through the Migrant Resource Centre website www.mrchobart.org.au.
- For more information contact the Migrant Resource Centre at 49 Molle Street, Hobart, 7000, Telephone (03) 6221 0941, 03 6221 0999, Fax (03) 6231 1264, Email: sfeike@mrchobart.org.au

Diversional Therapy Australia Inaugural Conference Melbourne

12th & 13th September 2009

The CPP Project Officer attended this inaugural conference of DTA in September this year. The conference's key note speakers were Ricky Nowak (Confident Communications) and Dr Ian Lings (Associate Professor of Marketing, Queensland University of Technology). The following excerpts are from the conference papers.

Ricky Nowak is the author of 'Boost your Success - Leadership, Communication and Presentation, Strategies for High Achievers'. Ricky's presentation paper 'Courageous Conversations' discussed ways of improving productivity using the following BOOST methods:

- Being in the moment
- Objectivity about yourself
- Ouch Factor
- Simplicity
- inTuition

Dr Ian Lings presented 'Emotional Stress Amongst Diversional Therapists' and provided information from survey interviews undertaken with members of the Diversional Therapy Association of NSW to identify the main drivers and consequences of Psychological strain. The research found the following elements of emotional control as important for diversional therapists:

- expressing genuine negative feelings
- expressing contrived positive feelings
- expressing genuine positive feelings

Dr Lings states:

The findings of this study suggest that managing the display of emotions (emotional labour) is indeed a significant determinant of work place stress (emotional exhaustion).

CPP wishes to congratulate DTA for a very informative and excellent inaugural conference and looks forward to working closely with DTA in the future.

Contacts and Web Links:

SOUTH:

- **Migrant Resource Centre (Southern Tasmania)**
49 Molle St, Hobart, TAS, 7000 (03) 6221 0999
www.mrchobart.org.au
- **Healthy Ageing Network South (HANS)**
Contact Health Promotion Coordinator Aged Rural Community Health
jacquie.maginnis@dhhs.tas.gov.au (03) 6222 7658
- **Glenorchy Cultural Diversity Advisory Committee**
Contact Rebecca Essex or Jill Sleiters
Glenorchy City Council, PO Box 103, Glenorchy, TAS, 7010
ressex@gcc.tas.gov.au (03) 6216 6361
- **Glenorchy Linkages**
Contact Rebecca Essex, Glenorchy City Council, PO Box 103, Glenorchy, TAS, 7010
ressex@gcc.tas.gov.au, www.gcc.tas.gov.au (03) 6216 6361
- **Kingborough Seniors Action Group (KSAG)**
Contact Joy Tunney
seniorsactiongroup@email4life.com.au (03) 6229 9787
- **Home and Community Care (HACC) Southern Service Providers Forum**
Contact Community Transport Services Tasmania Inc. (03) 6273 3251
- **Southern Day Centre Network**
Contact Sue Bailey, Uniting Aged Care (03) 6282 1150 or (03) 6282 1180
- **62 Service Providers Network**
Contact Gavin Murphy, MRC (03) 6221 0999
- **Council On The Ageing (Tasmania) Inc (COTA)**
2 St Johns Avenue, New Town, TAS, 7008
admin@cotatas.org www.cotatas.org (03) 6228 1897
- **Seniors Bureau**
Level 4, 144 Macquarie St, GPO Box 123, Hobart, TAS, 7001
seniors@dpac.tas.gov.au 1300 135 513
www.dpac.tas.gov.au/divisions/seniors/
- **50 and Better Centre**
108 Bathurst St, Hobart, TAS, 7000 (03) 6234 1441
- **Commonwealth Respite and Carelink Centre**
24 Sunderland St, Moonah, TAS, 7009
admin@cbssouth.com.au 1800 052 222

STATE-WIDE:

- **MRC Community Partners Program**
Contact Suzanne Feike (03) 6221 0941
49 Molle street, Hobart 7000 (03) 6221 0999
sfeike@mrchobart.org.au
- **MRC Partners in Culturally Appropriate Care**
Contact Hans Schmid (03) 6221 0940
49 Molle street, Hobart 7000 (03) 6221 0999
hschmid@mrchobart.org.au
- **Tasmanian Network of Men's Service Providers (TNMSP)**
Contact Jonathan Bedloe, Colony 47 Inc. (03) 6214 1281
Contact Matthew Magnus, Relationships Australia (03) 6211 4050

Contacts and Web Links:

NORTH:

- **Migrant Resource Centre (Launceston)**
95-99 Cameron St, Launceston, TAS, 7250 (03) 6331-2300
www.mrcltn.org.au
- **63 Service Providers Network**
Karin Lê (03) 6331-2300
karin.le@mrcltn.org.au
- **Good Neighbour Council of Tasmania, Launceston Branch Inc.**
PO Box 117, Launceston TAS 7250 (03) 6330 2798
Sally Lahra
sally@ericlahra.com
- **Community Care NESB Inc.**
9 Frederick Street (03) 6334 0990
Launceston TAS 7250
nesb@westnet.com.au
- **Commonwealth Carelink Information Centre**
Level 5, QV Tower Phone freecall 1800 052 222
11 High Street, Launceston Tas 7250
caretas@bigpond.net.au
www.commcarelink.health.gov.au

NORTH WEST:


- **Migrant Resource Centre (Burnie)**
Portside Online Building, 2 Spring St, Burnie, TAS, 7320 (03) 6431-9476
- **Migrant Resource Centre (Devonport)**
Room 44, 2nd Floor, Corner Best and Rooke Streets, (03) 6423-5598
Devonport, TAS, 7310
- **64 Service Providers Network**
Karin Lê (03) 6332 2215
karin.le@mrcltn.org.au
- **North West Commonwealth Respite and Carelink Centre**
Carers Centre, 192 Wilson Street, South Burnie, 7320 Phone freecall 1800 052 222
carers@fbcnorthwest.org
www.commcarelink.health.gov.au
- **Community Care NESB Inc. North West**
Cradle Coast Health Centre, Room 5 (03) 6425 2610
48 Water Street, UlverstoneTAS 7315
nesbnw@bigpond.net.au

NATIONAL:

- **Department of Health & Ageing website:**
<http://www.health.gov.au/>
- **Centre for Cultural Diversity website:**
<http://www.culturaldiversity.com.au>


*Resources produced by the
Migrant Resource Centre
Community Partners Program
Information Resource Kits:*

COMMUNITY PARTNERS PROGRAM



*Aged Care Information Kit For The Indian (Hindi Speaking)
Community Southern Tasmania*

भारतीय हिन्दी भाषी समुदाय के लिए वृद्धों की देखभाल (Aged care) का सूचना किट



Taj20Mahal20Agra20India-full.jpg

Communication posters are available for regions of Tasmania in the following languages:

- Chinese
- Croatian
- Dutch
- German
- Hindi - Indian
- Hungarian
- Tagalog - Philippine
- Ukrainian

*Partners In Culturally
Appropriate Care
Hans Schmid
Project Officer*

Hans has been busy planning and coordinating culturally appropriate events and activities for 2010. It is encouraging to see so many homes willing to provide their facilities and manpower for these events.

PICAC is in the process of applying for a grant to record the German Choir on CD. The German choir has been a great supporter to the PICAC program and the MRC as a whole throughout 2009. Their most recent event 'Simply the Best' at the Theatre Royal attracted an audience of around 400. The Rosny Children Choir hosted the event and was joined by the Tasmanian Pinoy Ensemble, a Philippine Dance Group as well as the Edelweiss Dance Group.

Recent PICAC facilitated 'Torture & Trauma' workshops at:

- Polish Welfare Office
- Queenborough Rise
- Ningana Homes
- Rosary Gardens
- Mary's Grange
- The Manors Garden Club

PICAC and the Hobart City Council arranged to photograph and document cultural cooking at the homes of members of the German and Italian community. It is part of the HCC's 'Living Recipes Project' which will be on show at the 'Taste Festival'.

It's been a fantastic year and Hans would like to thank everyone for their contributions.

*Migrant Resource Centre
Community Partners Program
Bi-cultural Workers for 2010*

*Suzanne Feike
Project Officer*

The MRC Community Partners Program (CPP) would like to congratulate the Polish Welfare Office who have received funding from the Australian Government Department of Health & Ageing. The MRC CPP will be working closely with the Polish Welfare Office over this period.

The MRC CPP program will be employing bi-cultural workers during 2010 from the following communities:

Based in Devonport -

- Croatian linked communities
- Indian Hindi speaking community
- Philippine Tagalog speaking community

Based in Launceston -

- Croatian-linked communities
- Ethiopian Tigrinya speaking community
- Sudanese Juba Arabic speaking community

Based in Hobart -

- Afghani Farsi speaking community
- Ethiopian Amharic speaking community
- Sudanese Juba Arabic speaking community

Please contact Suzanne on 03 6221 0941 or email sfeike@mrchobart.org.au for a duty statement and selection criteria if you or someone you know would like to apply for a bi-cultural worker position. Please forward written applications addressing the selection criteria and marked 'Confidential' to Migrant Resource Centre CPP by 31st January 2010.

*Diversional Therapy Australia
December Report*

Catherine Meredith

Tasmanian National Council Representative

DTA news:

The Diversional Therapy Association of Australia has had a name change to Diversional Therapy Australia as the new Australia wide association.

The new national contact number is

1300 113 395

at cost of local call except from a mobile.

Alternative number at National Office

(02) 98875035

In August 2009 Tasmanian members passed the resolution to wind up the State Association (as reported in the last CPP newsletter) in favour of the peak national body. A new National Board will be voted on in approx 6-9 months. Any individual who wishes to join the new organization can obtain an application form from the National Office on the number mentioned above.

An update of the national website www.diversionaltherapy.org.au is underway.

Other news:

National Chair Renee Smith, has been invited to be keynote speaker by Diversional Therapy Japan at their International Health Promotion Symposium for a 2 hour presentation to be held in Tokyo on 28th Nov 2009.

The Australian Catholic University have received DTANC Recognition for their Associate Degree in Social Science (Aged Care) as a diversional therapy qualification.