

# CALD Community Connections Newsletter



February 2010



### Upcoming Events:

- Project Launch
- Bi Cultural Training
- Community Workshops



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## Background

Australia is an extremely diverse country with 30% of people identifying as having a CALD background. In Tasmania the last census showed that 46,000 people were born overseas, coming from more than 50 countries and speaking over 85 languages.

Migrants and refugees face many settlement issues and challenges, e.g., learning a new language, finding employment and housing, accessing services, stress in fitting into a new culture etc. These issues and challenges are compounded by the physical, emotional and psychological impacts of torture and trauma.

In the last decade, over 110,000 refugees and migrants suffering trauma have come to Australia. In the 3 years to Oct. 2008 over 800 humanitarian entrants arrived in Tasmania. Many have suffered severe losses and multiple traumatic events. Refugees especially have significant risk factors for mental health problems, and while there is little data available, it is thought that suicide rates as well as mental health problems amongst refugees are higher than the general Australian population.

## CALD Community Connections

The two year 'CALD Community Connections' project has been developed by the Phoenix Centre, the Tasmanian member of the Forum of Australian Services for Survivors of Torture and Trauma located within the Migrant Resource Centre (Southern Tas) Inc.

It will deliver workshops, information packages and activities which aim to reduce stigma associated with mental illness, to reduce suicide risk and increase capacity to respond to suicide crises within selected CALD communities in Hobart and Launceston.

To do this the project will:

- Train and support bi-cultural community trainers to work with adults and young people from selected CALD communities in Hobart

(Farsi, Amharic and Mandarin speaking communities) and Launceston (Sierra Leone and Liberian and Mizo speaking community who are refugees from Myanmar) and CALD individuals.

- Deepen relationships with service providers to strengthen their understanding of the needs of the CALD community and awareness of referral pathways.

- Work in partnership with other organisations and service providers to achieve its objectives.

The Phoenix Centre gratefully acknowledges the funding provided under the Australian Government National Suicide Prevention Program.

The CALD Community Connections Newsletter is available on the Migrant Resource Centre website at: [http://www.mrchobart.org.au/p\\_home.shtml](http://www.mrchobart.org.au/p_home.shtml) or contact Phoenix Centre at Migrant Resource Centre, 49 Mollie Street, Hobart 7000, 03 6221 0999, phoenix@mrchobart.org.au

# COMMUNITY PARTNERS PROGRAM NEWSLETTER MARCH 2010



# News from the Community Partners Program

Contact CPP at:



Migrant Resource Centre  
(Southern Tasmania) Inc.  
49 Mollie Street  
Hobart TAS 7000

Tel: (03) 6221 0941  
(03) 6221 0999

Fax: (03) 6231 1264

Email: sfeike@mrchobart.org.au

Web: www.mrchobart.org.au

This CPP project was funded by the Australian Government Department of Health and Ageing under the Community Partners Program.

## *The next MRC CPP Steering Committee Meeting*

**North** will be held on **Thursday 6th May 2010 at 2.00 pm** in the Meeting room at Migrant Resource Centre 9(Northern Tasmania), 95-99 Cameron St, Launceston.

**South** will be held on **Tuesday 22nd June 2010 at 2.00 pm** in the Meeting room at Migrant Resource Centre (Southern Tasmania), 49 Molle St, Hobart.



### **The Community Partners Program (CPP) can provide:**

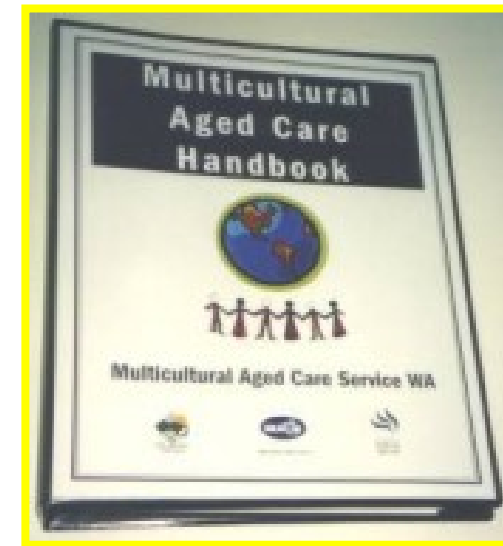
- Aged Care Information Resource Kits for communities in Chinese, Croatian, German, Hindi (Indian), Hungarian, Tagalog (Philippine), and Ukrainian.
- Language and culture posters for aged care facilities in Chinese, Croatian, Dutch, German, Hindi (Indian), Hungarian, Tagalog (Philippine), Ukrainian by CPP and Greek, Polish, Italian, Spanish, and Serbian by PICAC.
- Website accessible information is available in English and other languages through the Migrant Resource Centre website [www.mrchobart.org.au](http://www.mrchobart.org.au).
- For more information contact the Migrant Resource Centre at 49 Molle Street, Hobart, 7000, Telephone (03) 6221 0941, 03 6221 0999, Fax (03) 6231 1264, Email: [sfeike@mrchobart.org.au](mailto:sfeike@mrchobart.org.au)

## *Resource requests*

CPP has received requests for the Multicultural Aged Care Handbook originally printed in 2000 by the Multicultural Aged Care Services WA.

Independent Living Centre WA have the last 30 copies of the handbook available. To receive a copy please contact:

**Pamela Siu**  
**Independent Living Centre WA**  
[ilcmacs@ilc.com.au](mailto:ilcmacs@ilc.com.au)  
**(08) 9381-0660**



### **Please note:**

This information was printed in 2000 and this handbook may be updated in the future. For further information please contact Pamela Siu, Independent Living Centre WA.

## Contacts and Web Links:

### SOUTH:

- **Migrant Resource Centre (Southern Tasmania)**  
49 Molle St, Hobart, TAS, 7000 (03) 6221 0999  
[www.mrchobart.org.au](http://www.mrchobart.org.au)
- **Healthy Ageing Network South (HANS)**  
Contact Health Promotion Coordinator Aged Rural Community Health  
[jacquie.maginnis@dhhs.tas.gov.au](mailto:jacquie.maginnis@dhhs.tas.gov.au) (03) 6222 7658
- **Glenorchy Cultural Diversity Advisory Committee**  
Contact Rebecca Essex or Jill Sleiters  
Glenorchy City Council, PO Box 103, Glenorchy, TAS, 7010  
[ressex@gcc.tas.gov.au](mailto:ressex@gcc.tas.gov.au) (03) 6216 6361
- **Glenorchy Linkages**  
Contact Rebecca Essex, Glenorchy City Council,  
PO Box 103, Glenorchy, TAS, 7010  
[ressex@gcc.tas.gov.au](mailto:ressex@gcc.tas.gov.au), [www.gcc.tas.gov.au](http://www.gcc.tas.gov.au) (03) 6216 6361
- **Kingborough Seniors Action Group (KSAG)**  
Contact Joy Tunney  
[seniorsactiongroup@email4life.com.au](mailto:seniorsactiongroup@email4life.com.au) (03) 6229 9787
- **Home and Community Care (HACC) Southern Service Providers Forum**  
Contact Community Transport Services Tasmania Inc. (03) 6273 3251
- **Southern Day Centre Network**  
Contact Sue Bailey, Uniting Aged Care (03) 6282 1150 or (03) 6282 1180
- **62 Service Providers Network**  
Contact Gavin Murphy, MRC (03) 6221 0999
- **Council On The Ageing (Tasmania) Inc (COTA)**  
2 St Johns Avenue, New Town, TAS, 7008  
[admin@cotatas.org](mailto:admin@cotatas.org) [www.cotatas.org](http://www.cotatas.org) (03) 6228 1897
- **Seniors Bureau**  
Level 4, 144 Macquarie St, GPO Box 123, Hobart, TAS, 7001  
[seniors@dpac.tas.gov.au](mailto:seniors@dpac.tas.gov.au) 1300 135 513  
[www.dpac.tas.gov.au/divisions/seniors/](http://www.dpac.tas.gov.au/divisions/seniors/)
- **50 and Better Centre**  
108 Bathurst St, Hobart, TAS, 7000 (03) 6234 1441
- **Commonwealth Respite and Carelink Centre**  
24 Sunderland St, Moonah, TAS, 7009  
[admin@cbssouth.com.au](mailto:admin@cbssouth.com.au) 1800 052 222

### STATE-WIDE:

- **MRC Community Partners Program**  
Contact Suzanne Feike (03) 6221 0941  
49 Molle street, Hobart 7000 (03) 6221 0999  
[sfeike@mrchobart.org.au](mailto:sfeike@mrchobart.org.au)
- **MRC Partners in Culturally Appropriate Care**  
Contact Hans Schmid (03) 6221 0940  
49 Molle street, Hobart 7000 (03) 6221 0999  
[hschmid@mrchobart.org.au](mailto:hschmid@mrchobart.org.au)
- **Tasmanian Network of Men's Service Providers (TNMSP)**  
Contact Jonathan Bedloe, Colony 47 Inc. (03) 6214 1281  
Contact Matthew Magnus, Relationships Australia (03) 6211 4050

## Contacts and Web Links:

### NORTH:

- **Migrant Resource Centre (Launceston)**  
95-99 Cameron St, Launceston, TAS, 7250 (03) 6331-2300  
[www.mrc1tn.org.au](http://www.mrc1tn.org.au)
- **63 Service Providers Network**  
Karin Lê (03) 6331-2300  
[karin.le@mrc1tn.org.au](mailto:karin.le@mrc1tn.org.au)
- **Good Neighbour Council of Tasmania, Launceston Branch Inc.**  
PO Box 117, Launceston TAS 7250 (03) 6330 2798  
Sally Lahra  
[sally@ericlahra.com](mailto:sally@ericlahra.com)
- **Community Care NESB Inc.**  
9 Frederick Street (03) 6334 0990  
Launceston TAS 7250  
[nesb@westnet.com.au](mailto:nesb@westnet.com.au)
- **Commonwealth Carelink Information Centre**  
Level 1, Phone freecall 1800 052 222  
63-65 Cameron Street,  
Launceston TAS 7250  
[carertas@bigpond.net.au](mailto:carertas@bigpond.net.au)  
[www.commcarelink.health.gov.au](http://www.commcarelink.health.gov.au)

### NORTH WEST:

- **Migrant Resource Centre (Burnie)**  
Portside Online Building, 2 Spring St, Burnie, TAS, 7320 (03) 6431-9476
- **Migrant Resource Centre (Devonport)**  
Room 44, 2nd Floor, Corner Best and Rooke Streets, (03) 6423-5598  
Devonport, TAS, 7310
- **64 Service Providers Network**  
Karin Lê (03) 6332 2215  
[karin.le@mrc1tn.org.au](mailto:karin.le@mrc1tn.org.au)
- **North West Commonwealth Respite and Carelink Centre**  
Carers Centre, 192 Wilson Street, South Burnie, 7320 Phone freecall 1800 052 222  
[carers@fbcnorthwest.org](mailto:carers@fbcnorthwest.org)  
[www.commcarelink.health.gov.au](http://www.commcarelink.health.gov.au)
- **Community Care NESB Inc. North West**  
Cradle Coast Health Centre, Room 5 (03) 6425 2610  
48 Water Street, UlverstoneTAS 7315  
[nesbnw@bigpond.net.au](mailto:nesbnw@bigpond.net.au)

### NATIONAL:

- **Department of Health & Ageing website:**  
<http://www.health.gov.au/>
- **Centre for Cultural Diversity website:**  
<http://www.culturaldiversity.com.au/>

*Polish Welfare Office  
Polish Care (CPP)*

*Project Officer—Teresa Grabek*

The Polish Association in Hobart Inc. was successful in securing funding through the Department of Health and Ageing – Community Partners Program (CPP) for a limited 10 month project: **Polish Care (CPP)**. This project is based at the Polish Welfare Office in Hobart and targeted at the Polish Community. The project officer is Teresa Grabek.

As part of the Polish Care (CPP) project, Teresa will be conducting two surveys:

The first survey will involve asking aged care providers about any issues or barriers they encounter in the delivery of culturally appropriate services to older Polish persons. Both community and residential aged care providers are targeted for this survey.

The second survey involves consultations with older Polish persons in the community about their expectations of receiving services in the home that are delivered in a culturally appropriate manner. They will also be asked about their expectations of culturally appropriate care in any future residential care (e.g. nursing homes).

The project officer is also able to provide information about the migration history, experiences, cultural and linguistic needs of the Polish Community. Local resources are also available for distribution (e.g. Booklet: Care - Our Way, Polish placemat / poster).

If you would like more information about Polish Care (CPP), please contact Teresa Grabek:

Polish Welfare Office  
22-24 New Town Road New Town TAS 7008  
Tel: (03) 62 28 62 58  
Fax: (03) 62 78 98 04  
Mobile: 0458 28 62 59  
Email: polishwelfare\_hobart@bigpond.com.au

*Partners In Culturally  
Appropriate Care*

*Hans Schmid  
Project Officer*

Hans has submitted an abstract to the Aged Care Standard & Accreditation Agency's 'Better Practice 2010 conference'. The theme of the abstract is:

**“Supporting Culturally and Linguistically Diverse (CALD) Older People Who Have Experienced Trauma”**

The primary aim of the project is to:

- Improve the understanding and management of older CALD people who have experienced torture & trauma and are using aged care services.
- To raise awareness within the aged care industry about the issues of trauma and its impact amongst CALD communities, both established and new and emerging.
- Provide advice about the care and management of clients/residents who have experienced trauma.
- Understanding and recognizing possible triggers for behaviours of concern. Understanding and responding appropriately to ‘challenging behaviours’ in CALD residents who experience dementia.

Hans will deliver the presentation/workshop on May 20 in Adelaide and June 24 in Hobart. A further workshop will be facilitated with the Nursing Board of Tasmania on March 26.

## **COTA (Tas)**

Council on the Ageing (Tas) Inc



### **Senior's Expo**

A day long expo for older people to gain much needed information on topics relevant to seniors

**3 March 2010**

Launceston Bowls Club  
Royal Park  
Launceston

10:00am - 4:00pm

Gold coin entry

Refreshments provided

## **COTA (Tas)**

Council on the Ageing (Tas) Inc



### **Senior's Expo**

A day long expo for older people to gain much needed information on topics relevant to seniors

**14 April 2010**

Senior Citizens Club  
16 King Edward Street  
Ulverstone

9:30am - 1:00pm

Gold coin entry

Refreshments provided

## **COTA (Tas)**

Council on the Ageing (Tas) Inc



### **Senior's Expo**

A day long expo for older people to gain much needed information on topics relevant to seniors

**22 April 2010**

Glenorchy Civic Centre  
Cooper Street  
Glenorchy

10:00am - 3:00pm

Gold coin entry

Refreshments provided

*Migrant Resource Centre  
Community Partners Program  
Bi-cultural Workers for 2010*

*Suzanne Feike  
Project Officer*

The MRC Community Partners Program (CPP) would like to welcome the CPP Bi-cultural Workers for 2010 from the following communities:

**Based in Devonport -**

- Croatian linked communities Mr Sime Caberica
- Indian Hindi speaking community Ms Rajrani Sharma
- Philippine Tagalog speaking community Ms Flores Lipao-McKenzie

**Based in Launceston -**

- Croatian-linked communities Ms Nada Pavlovic
- Ethiopian Tigrinya speaking community Mr Hyabu Nor
- Sudanese Juba Arabic speaking community Mr Juma Piripiri

**Based in Hobart -**

- Afghani Farsi speaking community Ms Najibeh Jafari
- Ethiopian Amharic speaking community Mr Zemonay Gebremichael
- Sudanese Juba Arabic speaking community Ms Rebecca Eli

The Community Partners Program Project Officer has great pleasure in welcoming these newest community representatives to the program and looks forward to a long and successful relationship with these communities.

During the next quarter resources and support will be developed for these communities throughout the state. All newly developed resources will be made available at the CPP State-wide Forum to be held on 28th May at The Grange Meeting and Function Centre, Campbell Town.

*Diversional Therapy Australia  
Conference  
3rd - 4th September 2010*

*'Activate: connecting through participation'*

Novotel Sydney Olympic Park, Homebush, NSW.  
www.diversionaltherapy.com.au to register

**Call for papers and posters:**

Diversional Therapy Australia invites abstracts from Diversional Therapists, recreation therapists, recreational activities officers, academics, researchers and students. The conference will provide an opportunity to update knowledge and skills while being able to network with others from across Australia.

Papers, posters, leisure bites and practical sessions demonstrating the following key themes are invited for submission.

Activate:

- Client participation and autonomy
- Coworkers to support Diversional Therapy programs
- Involvement in professional development
- Professional partnerships
- A professional voice (e.g. union or association)

Abstracts are to be submitted via email to the conference convenor at DTA\_NSW@bigpond.com - closing date is 28th April 2010.

The new national contact number is  
**1300 113 395**

at cost of local call except from a mobile.

Diversional Therapy Australia  
PO Box 83  
North Ryde NSW 1670

# *Diversional Therapy Australia*

## *Joining DTA*

CPP has received many requests for information on how to join DTA. Renee Smith, the DTAANC Chair has provided the following information:

Questions about Diversional Therapy Australia can be directed to the National Office on the following numbers:

Landline use only: 1300 113 395

Mobile use: (02) 9887 5035

Fax: (02) 9887 5036

Or on the following email address for the interim until we upgrade the new Website and email system

[DTA\\_NSW@bigpond.com](mailto:DTA_NSW@bigpond.com)

# *Diversional Therapy Australia*

## *Joining DTA*

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