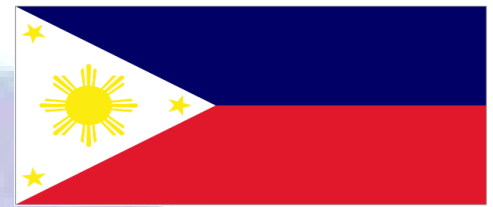




# Philippines



## Special Days

1 January	New Year's Day
24 February	EDSA People Power Day
<b>Movable Date</b>	Holy Thursday
<b>Movable Date</b>	Good Friday
<b>Movable Date</b>	Easter Sunday
9 April	Araw ng Kagitingnan
1 May	Labor Day
12 June	Independence Day
<b>Movable Date</b>	National Heroes Day
<b>Movable Date</b>	End of Ramadan
1 November	All Saints Day
2 November	All Souls Day
30 November	Bonifacio Day

## Words and phrases in Tagalog

Good morning :	Magandang umaga po.
Good afternoon :	Magandang hapon po.
Good evening :	Magandang gabi po.
Bye:	Sige na muna.
How are you?	Kumusta po kayo?
Good:	Mabuti
Yes:	Oho
No:	Hindi ho
Please:	Mangyaring...
Thank you:	Salamat po.
Many Thanks:	Maráming salámat po.
I'm sorry:	Patawarin mo ako.
Pardon?:	Ano po uli?
Sick:	Maysakit
eat up/ meal:	Kumain
to drink:	Uminom
pain:	Sakit
to sleep:	Matulog
cold:	Malamig
hot:	Mainit
Would you like to go to the toilet?	Gusto mo bang pumunta sa kasilyas?
Would you like to have a shower?	Gusto mo bang maligo?
Would you like to go for a walk?	Gusto mo bang mamasyal?

## Numbers

- 0 - zero
- 1 - isa
- 2 - dalawa
- 3 - tatlo
- 4 - apat
- 5 - lima
- 6 - anim
- 7 - pito
- 8 - walo
- 9 - siyam
- 10 - sampu

### Need more information?

Please contact the  
Community Partners Program  
Project Officer  
**Migrant Resource Centre**  
49 Molle Street  
Hobart Tasmania 7000  
Tel: (03) 6221 0999  
Fax: (03) 6231 1264  
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# Community Partners Program (CPP) & Partners In Culturally Appropriate Care (PICAC)



## Communications Posters

The Community Partners Program has developed these posters in response to consultation with Diversional Therapists in Southern Tasmania. The consultation suggested that while cultural resources are produced for use in residential facilities, they are often too lengthy or produced in a format that is inaccessible for use in the busy residential facility environment.

These posters have been developed as an 'instant' cultural resource that aims to aid communication between staff and residents. In addition, the posters aim to raise awareness among staff about the cultural and linguistic background of residents, including country of origin, location of country of origin, language, special events and festivals, flags and symbols.

The 'instant' nature of the poster means that it can be displayed in resident's rooms (with permission of the resident), in staff rooms, in hallways or other recreational spaces, in which communication between staff and residents takes place. The pictures, maps and flags mean that this resource is colourful and aesthetically pleasing enough to warrant such display.

The posters are designed to aid staff in their interactions with residents from culturally diverse backgrounds; however they are by no means exhaustive in their breadth of information. Please be culturally sensitive in both your placement and your use of these posters: while they are designed to be used in residents' rooms, some people may not be comfortable with the association with their country of origin or their first language. The posters may become a talking point with some residents, but please be aware that other residents may have trauma issues or bad memories associated with a country or culture.

If you are interested in learning more about cultural difference or to find out about Cross-Cultural Awareness Training for your facility, please contact:

Suzanne Feike, coordinator of the Community Partners Program (CPP) on 6221 0941, or email [sfeike@mrchobart.org.au](mailto:sfeike@mrchobart.org.au).

Hans Schmid, coordinator of the Partners in Culturally Appropriate Care (PICAC) on 6221 0940 or email [hschmid@mrchobart.org.au](mailto:hschmid@mrchobart.org.au).