



<http://geology.com/world/india-map.gif>

HINDI

हिन्दी



<http://india.tester.in/images/india-flag.jpg>

Indian Public Holidays

- 26 Jan: Republic Day.
Movable date: Mahashivratri.
- 9 Mar: Milad-Un-Nabi (Birth of the Prophet).
Movable date: Holi Festival of Colours
- 7 Apr: Mahavir Jayanthi.
Movable date: Good Friday.
- Movable date : Easter Monday.
- 9 May: Buddha Purnima.
- 14 Aug: Janmashtami.
- 15 Aug: Independence Day.
Movable date: Id ul Fitr (End of Ramadan).
- Movable date: Dussehra (Vijaya Dashami).
- 2 Oct: Mahatma Gandhi's Birthday.
- 17 Oct: Deepavali or Diwali (Festival of Lights).
- 2 Nov: Guru Nanak's Birthday.
Movable date: Idu'l Zuha/Bakrid (Feast of the Sacrifice).
- 18 Dec: Muharram (Islamic New Year).
- 25 Dec: Christmas Day.
- 26 Dec: Boxing Day.

Note : some dates are subject to change annually
http://www.worldtravelguide.net/country/120/public_holidays/Indian-Subcontinent/India.html

Hindi is spoken in:
India, Fiji (Fiji Hindi),
Mauritius (Urdu), Nepal
(Bhojpuri), Surinam
(Bhojpuri), Trinidad and
Tobago (Bhojpuri),
Guyana

<http://en.wikipedia.org/wiki/Hindi>

Numbers

- | | |
|------------|-------------|
| 0 – Shunya | |
| 1 – Ek | 2 – Do |
| 3 – Teen | 4 – Chaar |
| 5 – Paanch | 6 – Cheh |
| 7 – Saat | 8 – Aath |
| 9 – Nau | 10 – Dus |
| 11-Gayrah | 12 - Baraha |

Days of the week

- | | |
|-----------|----------------|
| Monday | Som vaar |
| Tuesday | Mangal vaar |
| Wednesday | Budh vaar |
| Thursday | Brahspati vaar |
| Friday | Shukar vaar |
| Saturday | Shani vaar |
| Sunday | Ravi vaar |

Words and phrases in Hindi language

Hindi language is phonetic

Greetings (hello, bye, good evening)	नमस्ते	Namaste
Today	आज	Aaj
Yesterday and tomorrow	कल	Kal
How are you?	आप कैसे है ?	Aap kaise hain ?
Yes	हाजी	Haan ji
No	नहि	Nahi ji
Please	कृपया	Kripaya
Thank you	धन्यवाद	Dhanyavāda
Sorry	क्षमा?	Kṣayma ki jiye
Are you sick ?	कया आप बिमार हैं?	Kya aap bimaar hai?
Vomiting ?	उलटी ?	Ulti?
Hungry ?	भूख लगी है ?	Bhookh lagi hai ?
Thirsty ?	पयास लगी है ?	Pyas lagi hai?
Sleep	निंद आई ?	Neend aayi?
Cold ?	ठन्ड लग रही है ?	Thandi lag rahi hai?
Hot ?	गरमी लग रही है?	Garmi?
Pain?	दरद है ?	Dard hai?
Toilet ?	बाथरूम जाना है?	Baathroom jana hai ?
Shower bath ?	नहाना है?	Nahaana hai?
Walk ?	सैर करोगे?	Sair karoge?
Like to sit in the garden ?	कया आप बगीचे में बैठना चाहते हैं?	Aap bagiche me bethna chaahte hain?

Need more information?
Please contact Community Partners
Program (CPP) Project Officer
Migrant Resource Centre
49 Molle Street
Hobart Tasmania 7000
Tel: (03) 6221 0999
Fax: (03) 6231 1264

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**Community Partners Program (CPP) &
Partners In Culturally Appropriate Care (PICAC)**

Communications Posters

The Community Partners Program has developed these posters in response to consultation with Diversional Therapists in Southern Tasmania. The consultations suggested that while cultural resources are produced for use in residential facilities, they are often too lengthy or produced in a format that is inaccessible for use in the busy residential facility environment.

These posters have been developed as an 'instant' cultural resource that aims to aid communication between staff and residents. In addition, the posters aim to raise awareness among staff about the cultural and linguistic background of residents, including country of origin, location of country of origin, language, special events and festivals, flags and symbols.

The 'instant' nature of the poster means that it can be displayed in resident's rooms (with permission of the resident), in staff rooms, in hallways or other recreational spaces, in which communication between staff and residents takes place. The pictures, maps and flags mean that this resource is colourful and aesthetically pleasing enough to warrant such display.



<http://opinionsandexpressions.files.wordpress.com/2008/06/indian-food.jpg>

The posters are designed to aid staff in their interactions with residents from culturally diverse backgrounds; however they are by no means exhaustive in their breadth of information. Please be culturally sensitive in both your placement and your use of these posters: while they are designed to be used in residents' rooms, some people may not be comfortable with the association with their country of origin or their first language. The posters may become a talking point with some residents, but please be aware that other residents may have trauma issues or bad memories associated with a country or culture.

If you are interested in learning more about cultural difference or to find out about Cross-Cultural Awareness Training for your facility, please contact:

Suzanne Feike, coordinator of the Community Partners Program (CPP) on 6221 0941, or email sfeike@mrchobart.org.au.

Hans Schmid, coordinator of the Partners in Culturally Appropriate Care (PICAC) on 6221 0940 or email hschmid@mrchobart.org.au.

Note: The poster is intended for practical communication and because of limited space some sentences are cut short. However, it has no intention of disrespect towards any individual or community.